

Bellmore Elementary PTA

Winthrop Avenue School

Reinhard Early Childhood Center

Shore Road School



Post-Thanksgiving Turkey Burn!

Bring a friend and join us at...

Train for the Game

545 Bedford Avenue

Train For The Game offers Small Group Personal Training classes which are 45-minute full body strength workouts.

Classes are **tailored to your individual needs and goals** and our aim is to help you move better and feel your best in a fun and non-intimidating atmosphere.

Tues, Nov. 28th @ 11:00am or

Thurs, Nov. 30th @ 7:00pm

\$15 per person

100% of proceeds support our PTA, students and schools

Please fill out this slip and send with payment in an envelope labeled: **"TFG class"**

Cash or Checks payable to **"The Bellmore Elementary PTA"** **DUE 11.17.23**

Name: _____

Phone #: _____ Email: _____

Date Requested: _____ Number attending: _____ Total:\$ _____

****Space is limited, Additional Classes will be added if needed.**

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